

## PCIT Clinician Self-Assessment

This tool is a self-assessment meant to highlight some of the traits that we see in successful PCIT clinicians. If you answer “disagree” on any of these questions, **it does not mean that you are not a good fit for PCIT**. We would encourage you to think about whether you are open to feedback and growth in that area, and reach out to our team with any questions you might have before applying. <https://ncchildtreatmentprogram.org/contact/>

Multi-Tasking/Quick Thinking			
Item	Agree	Disagree	Unsure
I am comfortable multi-tasking. <i>Questions/examples to consider: Can you listen and take notes at the same time? Can you coach a caregiver while a child is screaming or throwing toys?</i>			
I am able to respond to situations quickly and flexibly. <i>Questions/examples to consider: Can you adjust your approach based on what is unfolding in the session? Can you stay calm during chaos? Are you adaptable if tech isn't working or things are not going according to plan?</i>			
I can process a lot of information quickly. <i>Questions/examples to consider: Can you listen to what the clients are saying, observe what they are doing, and turn that information into a coaching statement?</i>			
Planning and Organizing			
Item	Agree	Disagree	Unsure
I have time to plan and prepare for sessions. <i>Questions/examples to consider: Do you have time allocated to be sure you have handouts and assessment tools printed? Time to set the room up, prepare the toys, and test the technology?</i>			
I am generally organized and manage my time well.			
I am efficient and timely with my notes. <i>Questions/examples to consider: Do you routinely complete progress notes within 24-48 hours of a session? Are you able to stay on top of documentation or do you often fall behind?</i>			
Fit to Model			
Item	Agree	Disagree	Unsure
I am comfortable following a manualized intervention. <i>Questions/examples to consider: Are you comfortable with a clear agenda for sessions and following a script? Do you thrive with structure, or do you prefer to be spontaneous?</i>			
I am comfortable with technology. <i>Additional questions/examples to consider: Can you easily operate virtual meeting platforms? Troubleshoot when tech isn't working? Are you comfortable communicating with IT when your system is not working?</i>			
I can observe a child/caregiver in distress and remain calm. <i>Additional questions/examples to consider: Can you use coping strategies for your own self-regulation while also providing calming coaching to caregivers?</i>			